

Glue Recipe

2 cups water

$\frac{3}{4}$ cup flour

$\frac{1}{3}$ cup sugar

1 tbsp vinegar

Few drops of essential oil (optional)

Make this like custard - blend flour and sugar with enough water to make a smooth paste. Heat the remaining water and vinegar to boiling point and pour over the flour and water paste, stirring constantly. Return to the pan and cook for 2 to 3 minutes stirring constantly as glue thickens. It will get quite thick and look a bit like mashed potato. Remove from heat. Once cool, stir in a few drops of a sweet-smelling essential oil. This seems to lessen the musty smell it can develop over time. Store in screw-top jar. This makes about enough to fill a coffee jar. Will keep in fridge for a couple of months but don't leave it out after you've used it, or it will go mouldy!